

DISCOVER DEVELOP MASTER PETROC™

**ADULT COURSES
JANUARY - MARCH 2012
AT YOUR LOCAL COLLEGE**



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Guide models:

Recreational instructors - Mike Bazley & Abi Fragoso

Recreational student - Meryl Tanton

Many courses continue into the summer term, for more information and to enrol online go to www.petroc.ac.uk/adults.

All details correct at time of going to press (November 2011). E&OE. Petroc reserves the right to make changes, including the addition, withdrawal or restriction of qualifications as may be deemed necessary.

ARTS & CRAFTS

CHILDRENS ART CLASSES

Brannams Campus
7 January • Saturday
10:00 to 12:00 • 10 weeks
Fee £75 • RECN7663/1/B

LIFE DRAWING

Brannams Campus
10 January • Tuesday
19:00 to 21:00 • 10 weeks
Fee £69 • RECN7287/1/B

Brannams Campus
11 January • Wednesday
19:00 to 21:00 • 10 weeks
Fee £69 • RECN7354/1/B

STAINED GLASS BEGINNERS

Pilton Community College
12 January • Thursday
18:30 to 21:00 • 10 weeks
Fee £86.50 • RECP7423/1/B

STAINED GLASS IMPROVERS

Pilton Community College
10 January • Tuesday
18:30 to 21:00 • 10 weeks
Fee £86.50 • RECP7216/1/B

STAINED GLASS INTERMEDIATE

Pilton Community College
11 January • Wednesday
18:30 to 21:00 • 10 weeks
Fee £86.50 • RECP7322/1/B

UPHOLSTERY FOR IMPROVERS



Pilton Community College
11 January • Wednesday
18:30 to 21:00 • 5 weeks
Fee £43.50 • RECP7336/1/B

EXPERIMENTAL WATERCOLOUR TECHNIQUES BEGINNERS

Coastal Community Church,
Braunton
26 January • Thursday
10:00 to 12:00 • 6 weeks
Fee £45 • RECP7441/1/B

EXPERIMENTAL WATERCOLOUR TECHNIQUES-IMPROVERS



Vivian Moon Centre,
Braunton
24 January • Tuesday
10:00 to 12:00 • 6 weeks
Fee £45 • RECP7237/1/B

ART WATERCOLOURS

Newport Church Hall
19 January • Thursday
10:00 to 12:00 • 9 weeks
Fee £67.50 • RECP7405/1/B

Newport Church Hall
19 January • Thursday
13:00 to 15:00 • 9 weeks
Fee £67.50 • RECP7406/1/B

INTRODUCTION TO SOFT FURNISHINGS

Pilton Community College
19 January • Thursday
19:00 to 21:00 • 9 weeks
Fee £62.50 • RECP7416/1/B

INTRO TO CREATIVE COPPER & BRONZE METAL CLAY WORKSHOP

Barnstaple Campus
21 January • Saturday
09:00 to 16:00 • 1 day
Fee £41 • RECN7669/1/A

Barnstaple Campus
25 January • Wednesday
18:00 to 21:00 • 8 weeks
Fee £138.50
RECN7364/1/B

Barnstaple Campus
11 February • Saturday
09:00 to 16:00 • 1 day
Fee £41 • RECN7669/1/B

Barnstaple Campus
24 March • Saturday
09:00 to 16:00 • 1 day
Fee £41 • RECN7669/1/C

INTRODUCTION TO POLYMER CLAY

Barnstaple Campus
21 January • Saturday
09:30 to 15:30 • 1 day
Fee £22.50 • RECN7696/1/B

CREATING JEWELLERY USING POLYMER CLAY

Barnstaple Campus
24 March • Saturday
09:30 to 15:30 • 1 day
Fee £21 • RECN7671/1/A

WOODCARVING WORKSHOP FOR BEGINNERS

Barnstaple Campus
21 January • Saturday
09:00 to 15:30 • 1 day
Fee £21 • RECN7684/1/B

BASIC DRAWING SKILLS

Barnstaple Campus
24 January • Tuesday
19:00 to 21:00 • 3 weeks
Fee £21 • RECN7275/1/B

ILLUSTRATION CHILDREN'S BOOK OR BUILD A PORTFOLIO

Brannams Campus
24 January • Tuesday
18:30 to 20:30 • 8 weeks
Fee £55.50 • ASLN7291/1/B

BUTTON BOOKS & FESTIVE LANTERNS

Barnstaple Campus
25 January • Wednesday
19:00 to 21:00 • 8 weeks
Fee £55.50 • RECN7360/1/B

PAINTING WITH ACRYLICS

Brannams Campus
25 January • Wednesday
18:30 to 20:30 • 8 weeks
Fee £55.50 • RECN7386/1/B

EVENING BAGS, FELTED SWAGS & NUNO FELTING



Pilton Community College
26 January • Thursday
18:30 to 21:00 • 8 weeks
Fee £69 • RECP7452/1/B

EXPAND YOUR DRAWING SKILLS



Pilton Community College
26 January • Thursday
19:00 to 21:00 • 5 weeks
Fee £34.50 • RECP7443/1/B

RAG RUGGING

Pilton Community College
26 January • Thursday
19:00 to 21:00 • 6 weeks
Fee £41.50 • RECP7421/1/B

UPHOLSTERY FOR BEGINNERS

Pilton Community College
26 January • Thursday
18:30 to 21:00 • 5 weeks
Fee £43.50 • RECP7438/1/B

UPHOLSTERY WORKSHOP

Pilton Community College
4 February • Saturday
10:00 to 16:30 • 1 day
Fee £23 • RECP7606/1/B

WATERCOLOUR PAINTING

Barnstaple Campus
26 January • Thursday
19:00 to 21:00 • 8 weeks
Fee £55.50 • RECN7484/1/B

STAINED GLASS WORKSHOP

Pilton Community College
28 January • Saturday
09:00 to 16:30 • 1 day
Fee £26.50 • RECP7625/1/B

BATH BOMBS AND LAVENDAR CREAMERS



Pilton Community College
31 January • Tuesday
19:00 to 21:00 • 1 day
Fee £10 • RECP7246/1/B

DRESSMAKING FOR BEGINNERS

Pilton Community College
4, 11 & 25 February
10:00 to 15:30 • 3 Saturdays
Fee £60 • RECP7603/1/B

NEEDLE FELT SPRING BIRDS & FELT FLOWERS

Pilton Community College
8 February • Wednesday
19:00 to 21:00 • 1 day
Fee £10 • RECP7344/1/B

PYROGRAPHY

Barnstaple Campus
8 February • Wednesday
19:00 to 21:00 • 6 weeks
Fee £41.50 • RECN7365/1/B

PYROGRAPHY WORKSHOP

Barnstaple Campus
11 February • Saturday
10:00 to 15:30 • 1 day
Fee £19 • RECN7694/1/B

BEAD JEWELLERY TASTER

Barnstaple Campus
9 February • Thursday
19:00 to 21:00 • 1 day
Fee £10 • RECN7479/1/B

LET'S PLAY WITH POLYMER CLAY

Barnstaple Campus
11 February • Saturday
09:30 to 15:30 • 1 day
Fee £21 • RECN7689/1/B

BEAD JEWELLERY MAKING BASICS WORKSHOP

Barnstaple Campus
23 February • Thursday
19:00 to 21:00 • 4 weeks
Fee £28 • RECN7482/1/B

SOFT FURNISHING WORKSHOP

Pilton Community College
25 February • Saturday
10:00 to 16:30 • 1 day
Fee £23 • RECP7608/1/B

STAINED GLASS WORKSHOP COPPER FOIL



Pilton Community College
25 February • Saturday
09:00 to 16:30 • 1 day
Fee £26.50 • RECP7643/1/B

VINTAGE BUNTING & DOOR STOPS



Pilton Community College
29 February • Wednesday
19:00 to 21:00 • 1 day
Fee £10 • RECP7347/1/B

CLAY HEADS

Pilton Community College
10 March • Saturday
10:00 to 16:30 • 1 day
Fee £23 • RECP7612/1/B

TEXTILE TECHNIQUES WITH A DIFFERENCE

Pilton Community College
3 March • Saturday
10:00 to 16:00 • 1 day
Fee £22 • RECP7614/1/B

SPRING FLOWER ARRANGING

Pilton Community College
6 March • Tuesday
19:00 to 21:00 • 4 weeks
Fee £28 • RECP7244/1/B

RECYCLED CARRIER BAG CHICKENS & JUICE CARTON WALLET

Pilton Community College
8 March • Thursday
19:00 to 21:00 • 1 day
Fee £10 • RECP7446/1/A

DRESSMAKING FOR IMPROVERS

Pilton Community College
10,17 & 24 March
10:00 to 15:30 • 3 Saturdays
Fee £60 • RECP7634/1/B

PAINTING ON SUGAR

Pilton Community College
10 March • Saturday
10:00 to 15:30 • 1 day
Fee £21 • RECP7646/1/B

APPLIQUE CUSHION & RIBBON ROSES

Pilton Community College
14 March • Wednesday
19:00 to 21:00 • 1 day
Fee £10 • RECP7343/1/B

METAL WALL ART

Pilton Community College
17 March • Saturday
09:00 to 16:30 • 1 day
Fee £28.50 • RECP7615/1/B

MIXED MEDIA ART

Pilton Community College
17 March • Saturday
10:00 to 16:30 • 1 day
Fee £23 • RECP7604/1/B

BEAD EMBROIDERY ON CARDS

Barnstaple Campus
24 March • Saturday
10:00 to 14:00 • 1 day
Fee £14 • REC7680/1/B

BEAUTY

HAND & FOOT CARE

Barnstaple Campus
25 January • 2 days
Wednesday • 18:30 to 21:30
Thursday • 18:30 to 21:30
Fee £21
Fee Supplement £10
Total Fee £31
REC7367/1/A

BASIC SKIN CARE

Barnstaple Campus
22 February • Wednesday
18:30 to 21:30 • 1 day
Fee £30.50 • REC7363/1/B

COOKERY

BREAD MAKING FOR BEGINNERS

Barnstaple Campus
21 January • Saturday
09:00 to 15:30 • 1 day
Fee £22.50 • REC7699/1/B

SPRING FLOWERS IN SUGAR

Barnstaple Campus
21 January • Saturday
10:00 to 15:30 • 1 day
Fee £17.50 • REC7672/1/A

VEGETARIAN COOKING

Barnstaple Campus
21 January • Saturday
12:00 to 14:00 • 1 day
Fee £7 • REC7668/1/B

PASTRIES

Barnstaple Campus
25 January • Wednesday
18:00 to 20:30 • 1 day
Fee £10 • REC7369/1/A

COOKING FOR PLEASURE

Barnstaple Campus
26 January • Thursday
18:00 to 20:00 • 8 weeks
Fee £55.50 • REC7496/1/B

ITALIAN COOKERY

Pilton Community College
26 January • Thursday
18:30 to 21:00 • 1 day
Fee £10.50 • RECP7447/1/B

BRILLIANT - COOK WITH LOCALLY SOURCED FISH & PRODUCE

Pilton Community College
28 February • Tuesday
18:30 to 21:00 • 4 weeks
Fee £34.50 • RECP7238/1/B

CHINA TOWN COOKERY

Pilton Community College
31 January • Tuesday
18:30 to 21:00 • 1 day
Fee £10.50 • RECP7240/1/B



DESSERTS

Barnstaple Campus
1 February • Wednesday
18:00 to 20:00 • 7 weeks
Fee £53.50 • RECN7368/1/A

BRILLIANT- LOCALLY CAUGHT FISH COOKING

NEW

Pilton Community College
4 February • Saturday
10:00 to 15:30 • 1 day
Fee £19.50 • RECP7638/1/B

MARZIPAN ANIMALS

NEW

Pilton Community College
4 February • Saturday
10:00 to 15:30 • 1 day
Fee £19.50 • RECP7645/1/A

DOWN MEXICO WAY

NEW

Pilton Community College
7 February • Tuesday
18:30 to 21:00 • 1 day
Fee £10.50 • RECP7241/1/B

DECORATING A VALENTINE'S CAKE

Barnstaple Campus
11 February • Saturday
10:00 to 15:30 • 1 day
Fee £17.50 • RECN7674/1/A

ITALIAN COOKING

Barnstaple Campus
11 February • Saturday
12:00 to 14:00 • 1 day
Fee £7 • RECN7667/1/B

VALENTINE'S CHOCOLATES

Barnstaple Campus
11 February • Saturday
09:00 to 15:30 • 1 day
Fee £22.50 • RECN7664/1/B

BEST OF HUNGARY

NEW

Pilton Community College
21 February • Tuesday
18:30 to 21:00 • 1 day
Fee £10.50 • RECP7245/1/B

THAI INSPIRED

NEW

Pilton Community College
23 February • Thursday
18:30 to 21:00 • 1 day
Fee £10.50 • RECP7448/1/B

30 MINUTE MEALS

Pilton Community College
1 March • Thursday
18:30 to 21:00 • 1 day
Fee £10.50 • RECP7451/1/B

BRILLIANT - WORLDWIDE SUSTAINABLE FISH COOKING

NEW

Pilton Community College
3 March • Saturday
10:00 to 15:30 • 1 day
Fee £19.50 • RECP7639/1/B

GREAT BRITISH SUNDAY TEATIME TREATS

NEW

Pilton Community College
13 March • Tuesday
18:30 to 20:30 • 1 day
Fee £10 • RECP7243/1/B

SPANISH TAPAS

NEW

Pilton Community College
15 March • Thursday
18:30 to 21:00 • 1 day
Fee £10.50 • RECP7449/1/B

PREPARE A SPECIAL 3 COURSE MEAL

NEW

Pilton Community College
17 March • Saturday
12:30 to 16:30 • 1 day
Fee £15 • RECP7648/1/B

GREEK ISLAND COOKERY

NEW

Pilton Community College
22 March • Thursday
18:30 to 21:00 • 1 day
Fee £10.50 • RECP7450/1/B

EASTER CUPCAKES

Barnstaple Campus
24 March • Saturday
10:00 to 15:30 • 1 day
Fee £19 • RECN7670/1/A

HAND-FILLED CHOCOLATES

Barnstaple Campus
24 March • Saturday
09:00 to 15:30 • 1 day
Fee £22.50 • RECN7691/1/B

TRAY BAKES

Barnstaple Campus
24 March • Saturday
12:00 to 14:00 • 1 day
Fee £7 • RECN7666/1/B

COMPUTING AND PHOTOGRAPHY

DIGITAL PHOTOGRAPHY FROM CAMERA TO PRINT

Barnstaple Campus
10 January • Tuesday
13:00 to 15:00 • 10 weeks
Fee £69 • ASLP7220/1/B

MASTERING PHOTOGRAPHY

Pilton Community College
19 January • Thursday
18:30 to 20:30 • 9 weeks
Fee £62.50 • ASLP7439/1/B

TIPS TO GET THE BEST FROM YOUR DIGITAL SLR CAMERA

Pilton Community College
21 January • Saturday
10:00 to 13:00 • 2 weeks
Fee £23 • ASLP7613/1/B

COMPUTING WITH MORE CONFIDENCE

Brannams Campus
23 January • Monday
12:30 to 14:30 • 8 weeks
Fee £55.50 • ASLP7115/1/B

DIGITAL IMAGE ENHANCEMENT USING PHOTOSHOP

Barnstaple Campus
25 January • Wednesday
19:00 to 21:00 • 5 weeks
Fee £34.50 • ASLN7395/1/B

CREATING A WEBSITE USING DREAMWEAVER

Barnstaple Campus
24 January • Tuesday
19:00 to 21:00 • 8 weeks
Fee £57.50 • ASLN7296/1/B

DIGITAL PHOTOGRAPHY CAMERA ONLY

Pilton Community College
24 January • Tuesday
19:00 to 21:00 • 6 weeks
Fee £41.50 • ASLP7218/1/B

COMPUTERS MAINLY FOR OVER 50'S

Brannams Campus
25 January • Wednesday
12:30 to 14:30 • 8 weeks
Fee £55.50 • ASLP7338/1/B

Barnstaple Campus
26 January • Thursday
18:00 to 20:00 • 8 weeks
Fee £55.50 • ASLN7497/1/B

ADVANCED DIGITAL IMAGE EDITING USING PHOTOSHOP

Pilton Community College
24 January • Tuesday
18:30 to 20:30 • 14 weeks
Fee £97 • ASLP7234/1/B

DIGITAL LANDSCAPE PHOTOGRAPHY

Barnstaple Campus
25 January • Wednesday
19:00 to 21:00 • 8 weeks
Fee £55.50 • ASLN7394/1/B

INTRODUCTION TO DIGITAL PHOTOGRAPHY (CAMERA ONLY)

Barnstaple Campus
25 January • Wednesday
19:00 to 21:00 • 5 weeks
Fee £34.50 • ASLN7390/1/B

WORD-PROCESSING INTERMEDIATE

Pilton Community College
25 January • Wednesday
18:30 to 20:30 • 8 weeks
Fee £55.50 • ASLP7341/1/B

PHOTOSHOP DIGITAL ART

Barnstaple Campus
26 January • Thursday
19:00 to 21:00 • 8 weeks
Fee £55.50 • ASLN7491/1/B

NEW



DESKTOP PUBLISHING FOR BEGINNERS

Pilton Community College
1 February • Wednesday
18:30 to 20:30 • 2 weeks
Fee £14 • RECP7340/1/B

ON-LINE TRADING ON EBAY

Pilton Community College
4 February • Saturday
10:00 to 13:00 • 2 weeks
Fee £23 • RECP7624/1/B

SPREADSHEETS

Pilton Community College
22 February • Wednesday
18:30 to 20:30 • 2 weeks
Fee £14 • RECP7323/1/B

INTRODUCTION TO PHOTOSHOP

Pilton Community College
25 February • Saturday
10:00 to 13:00 • 2 weeks
Fee £23 • ASLP7616/1/B

DIGITAL IMAGE EDITING AN INTRODUCTION USING PHOTOSHOP

Pilton Community College
13 March • Tuesday
19:00 to 21:00 • 5 weeks
Fee £34.50 • ASLP7219/1/B

OUTDOOR PHOTOGRAPHY

Pilton Community College
17 March • Saturday
10:00 to 13:00 • 2 weeks
Fee £23 • ASLP7602/1/B

DANCE

SALSA

Barnstaple Campus
25 January • Wednesday
18:00 to 19:30 • 8 weeks
Fee £41.50 • REC7381/1/B

SWINGING 60'S

Braunton Parish Hall
18 January • Wednesday
11:00 to 12:00 • 10 weeks
Fee £37.50 • RECP7332/1/B

GARDENING

GROW YOUR OWN VEGETABLES

Pilton Community College
11 January • Wednesday
18:30 to 20:00 • 3 weeks
Fee £16 • RECP7311/1/B

PRUNING FRUIT TREES

Stuart Holder Nursery
14 January • Saturday
09:30 to 13:30 • 1 day
Fee £22 • RECP7633/1/B

PRUNING ROSES, SHRUBS & MANAGING HEDGES

Stuart Holder Nursery
21 January • Saturday
09:30 to 13:30 • 1 day
Fee £22 • RECP7632/1/B

A SUMMER FLOWER GARDEN & PRODUCTIVE CONTAINERS

Pilton Community College
6 March • Tuesday
18:30 to 21:00 • 7 weeks
Fee £60.50 • RECP7239/1/B

HOLISTICS

THE MYSTERY OF THE TAROT

Barnstaple Campus
26 January • Thursday
19:00 to 21:00 • 6 weeks
Fee £41.50 • REC7485/1/B

SHIATSU MASSAGE

Pilton Community College
11 February • Saturday
10:00 to 16:30 • 1 day
Fee £23 • RECP7644/1/B

HYPNOSIS EXPERIENCE WORKSHOP

Barnstaple Campus
11 February • Saturday
09:00 to 15:00 • 1 day
Fee £21 • REC7690/1/B

INTRO TO REFLEXOLOGY

Barnstaple Campus
7 March • Wednesday
18:30 to 21:30 • 1 day
Fee £10.50
Fee Supplement £10
Total Fee £20.50
REC7362/1/B

LANGUAGES

FRENCH BEGINNERS STAGE 2

Brannams Campus
9 January • Monday
13:30 to 15:00 • 10 weeks
Fee £54.50 • ASLP7114/1/B

Pilton Community College
10 January • Tuesday
19:00 to 20:30 • 10 weeks
Fee £54.50 • ASLP7236/1/B

Pilton Community College
12 January • Thursday
19:00 to 20:30 • 10 weeks
Fee £54.50 • ASLP7440/1/B

Barnstaple Campus
24 January • Tuesday
18:30 to 20:00 • 8 weeks
Fee £43.50 • ASLN7273/1/B

FRENCH IMPROVERS STAGE 2

Brannams Campus
12 January • Thursday
13:00 to 14:30 • 10 weeks
Fee £54.50 • ASLP7453/1/B

FRENCH ADVANCED CONVERSATION

Barnstaple Campus
24 January • Tuesday
17:30 to 19:30 • 8 weeks
Fee £57.50 • ASLN7294/1/B

GERMAN BEGINNERS STAGE 2

Barnstaple Campus
24 January • Tuesday
17:00 to 18:30 • 8 weeks
Fee £43.50 • ASLN7272/1/B

SPANISH BEGINNERS STAGE 2

Pilton Community College
10 January • Tuesday
18:30 to 20:00 • 9 weeks
Fee £49.50 • ASLP7235/1/B

Pilton Community College
11 January • Wednesday
18:30 to 20:00 • 10 weeks
Fee £54.50 • ASLP7337/1/B

Barnstaple Campus
26 January • Thursday
17:00 to 18:30 • 7 weeks
Fee £40 • ASLN7481/1/B

SPANISH IMPROVERS STAGE 2

Barnstaple Campus
24 January • Tuesday
17:00 to 18:30 • 8 weeks
Fee £43.50 • ASLN7270/1/B

SPANISH ADVANCED STAGE 2

Barnstaple Campus
24 January • Tuesday
19:00 to 20:30 • 8 weeks
Fee £43.50 • ASLN7271/1/B

ITALIAN BEGINNERS STAGE 2

Barnstaple Campus
24 January • Tuesday
17:30 to 19:00 • 8 weeks
Fee £44 • ASLN7268/1/B

Barnstaple Campus
24 January • Tuesday
19:15 to 20:45 • 8 weeks
Fee £44 • ASLN7275/1/B

ITALIAN IMPROVERS STAGE 2

Barnstaple Campus
25 January • Wednesday
18:00 to 20:00 • 8 weeks
Fee £57.50 • ASLN7357/1/B

ARABIC BEGINNERS STAGE 1

Barnstaple Campus
25 January • Wednesday
18:30 to 20:00 • 8 weeks
Fee £43.50 • ASLN7366/1/B

ARABIC BEGINNERS STAGE 2

Barnstaple Campus
25 January • Wednesday
17:00 to 18:30 • 8 weeks
Fee £43.50 • ASLN7355/1/B

CHINESE MANDARIN BEGINNERS STAGE 2

Barnstaple Campus
25 January • Wednesday
19:00 to 21:00 • 8 weeks
Fee £57.50 • ASLN7358/1/B

JAPANESE BEGINNERS STAGE 2

Barnstaple Campus
25 January • Wednesday
16:30 to 18:00 • 8 weeks
Fee £43.50 • ASLN7356/1/B

LATIN BEGINNERS STAGE 2

Barnstaple Campus
26 January • Thursday
17:00 to 18:30 • 8 weeks
Fee £43.50 • ASLN7480/1/B

LEISURE & FITNESS

TINY TRAMPOLINING

Pilton Community College
12 January • Thursday
18:00 to 19:15 • 10 weeks
Fee £43.50 • RECP7424/1/B

TEEN TRAMPOLINING

Pilton Community College
11 January • Wednesday
19:30 to 21:00 • 10 weeks
Fee £52 • RECP7324/1/B

JUNIOR TRAMPOLINING

Pilton Community College
11 January • Wednesday
18:00 to 19:30 • 10 weeks
Fee £52 • RECP7315/1/B

ADULT TRAMPOLINING

Pilton Community College
12 January • Thursday
19:20 to 21:20 • 10 weeks
Fee £69 • RECP7407/1/B

AEROBICS & CIRCUIT TRAINING

Newport Church Hall
10 January • Tuesday
18:00 to 19:00 • 11 weeks
Fee £41.50 • RECP7202/1/B

BADMINTON BEGINNERS

Pilton Community College
10 January • Tuesday
18:30 to 19:30 • 10 weeks
Fee £34.50 • RECP7203/1/B

BADMINTON IMPROVERS

Pilton Community College
10 January • Tuesday
19:30 to 20:30 • 10 weeks
Fee £34.50 • RECP7204/1/B

BELLY DANCING BEGINNERS

Braunton Parish Hall
18 January • Wednesday
19:00 to 20:00 • 9 weeks
Fee £34 • RECP7301/1/B

Pilton Community College
19 January • Thursday
19:00 to 20:00 • 9 weeks
Fee £31.50 • RECP7436/1/B

BELLY DANCING IMPROVERS

Braunton Parish Hall
18 January • Wednesday
20:00 to 21:30 • 9 weeks
Fee £51 • RECP7302/1/B

Pilton Community College
19 January • Thursday
20:00 to 21:30 • 9 weeks
Fee £47 • RECP7435/1/B

BODY SHAPING YOGA

Pilton Community College
11 January • Wednesday
19:00 to 20:00 • 10 weeks
Fee £34.50 • RECP7303/1/B

CORE CONDITIONING (BASED ON PILATES)

Landkey Village Hall
11 January • Wednesday
09:30 to 10:30 • 10 weeks
Fee £37.50 • RECP7306/1/B

Landkey Village Hall
11 January • Wednesday
10:45 to 11:45 • 10 weeks
Fee £37.50 • RECP7335/1/B

Newport Church Hall
9 January • Monday
18:00 to 19:00 • 10 weeks
Fee £37.50 • RECP7106/1/B

Barnstaple Campus
24 January • Tuesday
18:15 to 19:15 • 8 weeks
Fee £28 • REC7298/1/B

DANCERCISE

Pilton Community College
11 January • Wednesday
19:00 to 20:00 • 10 weeks
Fee £34.50 • RECP7308/1/B

FITNESS PILATES BEGINNERS

Pollyfield Centre, Bideford
11 January • Wednesday
11:45 to 12:45 • 11 weeks
Fee £50 • REC7384/1/B

FLAMENCO

Barnstaple Campus
25 January • Wednesday
19:30 to 21:00 • 8 weeks
Fee £41.50 • REC7392/1/B

FUNKY AEROBICS TO UPBEAT MUSIC

Pilton Community College
12 January • Thursday
18:30 to 19:30 • 10 weeks
Fee £34.50 • RECP7414/1/B

Pilton Community College
17 January • Tuesday
18:30 to 19:30 • 9 weeks
Fee £31.50 • RECP7225/1/B

INDOOR CLIMBING

Barnstaple Campus
26 January • Thursday
18:00 to 20:00 • 8 weeks
Fee £61.50 • REC7494/1/B

Barnstaple Campus
26 January • Thursday
20:00 to 21:30 • 8 weeks
Fee £47.50 • REC7493/1/B

KEEP FIT

Shirwell Village Hall
9 January • Monday
19:30 to 20:30 • 10 weeks
Fee £37.50 • RECP7107/1/B

Pilton Church Hall
10 January • Tuesday
14:00 to 15:00 • 10 weeks
Fee £37.50 • RECP7222/1/B

Fremington Church Hall
11 January • Wednesday
11:00 to 12:00 • 11 weeks
Fee £41.50 • RECP7316/1/B

KEEP FIT FOR THE UNFIT

Braunton Parish Hall
18 January • Wednesday
09:30 to 10:45 • 10 weeks
Fee £47 • RECP7331/1/B

KETTLE BELL EXERCISE

Pilton Community College
28 January • Saturday
09:30 to 10:30 • 6 weeks
Fee £23 • RECP7649/1/B

PURE PILATES - BEGINNERS

Bideford Methodist Church
Hall
11 January • Wednesday
10:30 to 11:30 • 11 weeks
Fee £50 • REC7424/1/B





PURE PILATES - INTERMEDIATES

Bideford Methodist Church
Hall

11 January • Wednesday
11:45 to 12:45 • 11 weeks
Fee £50 • REC7356/1/B

FITNESS PILATES INTERMEDIATES

Pollyfield Community
Centre, Bideford

11 January • Wednesday
10:30 to 11:30 • 11 weeks
Fee £50 • REC7383/1/B

PILATES EXERCISE

St Brannocks Rooms

9 January • Monday
11:00 to 12:00 • 10 weeks
Fee £37.50 • RECP7103/1/B

Pilton Community College

10 January • Tuesday
19:15 to 20:15 • 10 weeks
Fee £34.50 • RECP7215/1/B

Pilton Community College

10 January • Tuesday
18:00 to 19:00 • 10 weeks
Fee £34.50 • RECP7214/1/B

Pilton Community College

11 January • Wednesday
17:45 to 18:45 • 10 weeks
Fee £34.50 • RECP7318/1/B

Braunton Community
College

12 January • Thursday
18:15 to 19:15 • 10 weeks
Fee £37.50 • RECP7419/1/B

Braunton Community
College

12 January • Thursday
19:30 to 20:30 • 10 weeks
Fee £37.50 • RECP7420/1/B

TAI CHI BANG (FLUTE)

Barnstaple Campus
24 January • Tuesday
19:10 to 20:40 • 8 weeks
Fee £41.50 • RECN7269/1/B

TOTAL BODY CONDITIONING

Barnstaple Campus
25 January • Wednesday
18:00 to 19:00 • 8 weeks
Fee £28 • RECN7370/1/A

WORKOUT TO MUSIC (LOW IMPACT WORKOUT)

Newport Church Hall
9 January • Monday
19:15 to 20:15 • 10 weeks
Fee £37.50 • RECP7104/1/B

YOGA BEGINNERS

Orchard Vale Community
School
11 January • Wednesday
18:30 to 19:30 • 10 weeks
Fee £37.50 • RECP7325/1/B

YOGA INTERMEDIATE

Orchard Vale Community
School
11 January • Wednesday
19:30 to 21:00 • 10 weeks
Fee £56.50 • RECP7326/1/B

YOGA HATHA

Pilton Community College
12 January • Thursday
17:45 to 19:15 • 9 weeks
Fee £47 • RECP7426/1/B

Pilton Community College
12 January • Thursday
19:30 to 21:00 • 9 weeks
Fee £47 • RECP7427/1/B

ZUMBA FITNESS

Newport Church Hall
9 January • Monday
10:00 to 11:00 • 10 weeks
Fee £37.50 • RECP7105/1/B

LITERATURE

EXPLORING POETRY READING, WRITING & APPRECIATION

Barnstaple Campus
25 January • Wednesday
18:30 to 21:00 • 8 weeks
Fee £71.50 • ASLN7359/1/B

WRITING FOR DIFFERENT AUDIENCES & PURPOSES

Barnstaple Campus
26 January • Thursday
18:30 to 20:30 • 8 weeks
Fee £55.50 • ASLN7482/1/B

MUSIC

GUITAR BEGINNERS STAGE 2

Pilton Community College
12 January • Thursday
19:00 to 21:00 • 10 weeks
Fee £69 • RECP7442/1/B

GUITAR FOR IMPROVERS

Pilton Community College
11 January • Wednesday
19:00 to 21:00 • 10 weeks
Fee £69 • RECP7312/1/B

PIANO OR KEYBOARD

Pilton Community College
17 January • Tuesday
19:00 to 21:00 • 9 weeks
Fee £62.50 • RECP7213/1/B

CREATIVE MUSIC FOR CLOSET MUSICIANS

Brannams Campus
25 January • Wednesday
19:00 to 21:00 • 8 weeks
Fee £55.50 • RECN7387/1/B

OUTDOOR

BASIC BUSHCRAFT

Barnstaple Campus
24 January • Tuesday
18:30 to 20:30 • 8 weeks
Fee £55.50 • RECN7279/1/B

ADVANCED BUSHCRAFT

Barnstaple Campus
25 January • Wednesday
18:30 to 20:30 • 8 weeks
Fee £55.50 • RECN7375/1/B

INTRODUCTION TO NORDIC WALKING TECHNIQUES



Pilton Community College
28 January • Saturday
10:45 to 12:15 • 6 weeks
Fee £34 • RECP7647/1/B

BUSHCRAFT & SURVIVAL

Barnstaple Campus
24 March • Saturday
10:00 to 15:30 • 1 day
Fee £21 • RECN7665/1/B

SPECIAL INTEREST

ACTIVITIES FOR PEOPLE WITH LEARNING DISABILITIES

Pilton Community College
17 January • Tuesday
18:45 to 20:45 • 8 weeks
Fee £16 • RECP7217/1/B

AN INTRODUCTION TO FAMILY HISTORY

Pilton Community College
24 January • Tuesday
19:00 to 21:00 • 1 day
Fee £10 • RECP7209/1/B

DISCOVER YOUR FAMILY HISTORY USING THE INTERNET

Barnstaple Library
4 February • Saturday
10:00 to 15:30 • 1 day
Fee £30 • RECP7610/1/B

Barnstaple Library
20 February • Monday
14:00 to 16:00 • 4 weeks
Fee £40 • RECP7110/1/B

FOLLOW UP ON YOUR FAMILY HISTORY USING THE INTERNET

Barnstaple Library
17 March • Saturday
10:00 to 15:30 • 1 day
Fee £30 • RECP7619/1/B

SINGING PURELY FOR PLEASURE

Pilton Community College
19 January • Thursday
19:00 to 20:30 • 9 weeks
Fee £47 • RECP7422/1/B

COMMUNICATE WITH CONFIDENCE

Pilton Community College
21 January • Saturday
10:00 to 13:00 • 1 day
Fee £11.50 • RECP7636/1/B

DETECTING DECEIT WORKSHOP

Barnstaple Campus
21 January & 11 February
09:30 to 16:00 • 2 Saturdays
Fee £43.50 • RECN7692/1/B

AN INTRODUCTION TO FIRST AID



Pilton Community College
21 January • Saturday
09:00 to 13:00 • 1 day
Fee £24 • RECP7642/1/A

INTRODUCTION TO BASIC FALCONRY

Barnstaple Campus
24 January • Tuesday
19:00 to 21:00 • 8 weeks
Fee £55.50 • RECN7290/1/B

EMERGENCY FIRST AID AT WORK

Pilton Community College
25 February • Saturday
09:00 to 16:30 • 1 day
Fee £70 • RECP7640/1/B

Pilton Community College
31 March • Saturday
09:00 to 16:30 • 1 day
Fee £70 • RECP7641/1/B

NEURO LINGUISTIC PROGRAMMING FOR BEGINNERS PART 1

Pilton Community College
11 February • Saturday
09:30 to 13:00 • 1 day
Fee £13.50 • RECP7601/1/B

BE YOUR OWN LIFE COACH



Pilton Community College
3 March • Saturday
10:00 to 13:00 • 1 day
Fee £11.50 • RECP7635/1/B

MAP & COMPASS WORKSHOP

Barnstaple Campus
24 March • Saturday
11:00 to 15:30 • 1 day
Fee £15.50 • RECN7688/1/B



**DRIZZLE
SHOWER
DOWNPOUR
PETROC**

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