

# WHAT'S ON? AT PETROC TIVERTON CAMPUS

JOIN A CLUB, MEET NEW PEOPLE, DEVELOP YOUR SKILLS AND GET THE MOST OUT OF COLLEGE LIFE!

WHAT'S ON	WHEN	WHERE	INFORMATION
<b>WELLBEING</b>			
<b>Breathe</b>	On request	Online	Alice Whittley, our Wellbeing Lead, conducts pre-recorded videos on specific topics.  These are available on request by emailing <a href="mailto:alice.whittley@petroc.ac.uk">alice.whittley@petroc.ac.uk</a>
<b>Wellness Café</b>	Tuesdays, fortnightly 13:00 - 14:00	Exe Café	Join us for a hot chocolate! A chance to meet new friends, catch up about what you have been doing over the weekend or have a chat with our team. Drop in any time for a warm welcome.  Email <a href="mailto:denise.watson@petroc.ac.uk">denise.watson@petroc.ac.uk</a> for more info.
<b>ART</b>			
<b>Photography</b>	New challenges set every month!	Email <a href="mailto:vicky.baker@petroc.ac.uk">vicky.baker@petroc.ac.uk</a> for more info	We set a monthly photo challenge to support you getting out and about. We will meet online to share and discuss our images and select some for an online exhibition.  Email <a href="mailto:vicky.baker@petroc.ac.uk">vicky.baker@petroc.ac.uk</a> to register interest
<b>EDUCATIONAL</b>			
<b>Book Club</b>	Student Led	Online	Looking for a fun way to enjoy books and meet new people? Join our student led book club! You will have the opportunity to pick a book for the group to read and journal about before the next meeting.  Email <a href="mailto:gary.childs@petroc.ac.uk">gary.childs@petroc.ac.uk</a> to register interest.
<b>SPORT</b>			
<b>Gym</b>	All day, every day, every week	The Gym	Boost your fitness levels in a supportive environment. Join the gym and come along for classes such as Spin, Circuits and HIIT.  For more info email <a href="mailto:nicky.white@petroc.ac.uk">nicky.white@petroc.ac.uk</a>
<b>VOLUNTEERING</b>			
<b>The Vision</b>	Flexible times, flexible days, released monthly	Online	The Vision is Petroc's monthly student newsletter which keeps you up to date on key information and events going on around college. Do you have some news, an achievement or fancy showing off your writing skills? Get involved with writing your own features, interviews or vlogs.  Email <a href="mailto:gary.childs@petroc.ac.uk">gary.childs@petroc.ac.uk</a> to get involved!
<b>FUN AND FRIENDSHIP</b>			
<b>Board Games Club</b>	Email <a href="mailto:gary.childs@petroc.ac.uk">gary.childs@petroc.ac.uk</a> for day & time	Email <a href="mailto:gary.childs@petroc.ac.uk">gary.childs@petroc.ac.uk</a> for room number	Fancy coming along and getting stuck into a few board games? Chat, company and a little bit of competitive spirit is all that's needed!  Email <a href="mailto:gary.childs@petroc.ac.uk">gary.childs@petroc.ac.uk</a> for more info.
<b>Film Club</b>	Email <a href="mailto:gary.childs@petroc.ac.uk">gary.childs@petroc.ac.uk</a> for day & time	The Lecture Theatre	Can't decide what to watch next? Then join our film club for a selection of great films that build empathy around important themes as well as lifting the soul. Simply enjoy watching the film of the week either in the Theatre or online on Fridays and leave us your review!  Email <a href="mailto:gary.childs@petroc.ac.uk">gary.childs@petroc.ac.uk</a> for more info.
<b>Mindfulness and Relaxation</b>	Tuesdays, fortnightly 12:25 - 1:25	C206	Join our small friendly group for ideas about different ways to live in the moment.  Email <a href="mailto:denise.watson@petroc.ac.uk">denise.watson@petroc.ac.uk</a> to join.
<b>Online Games Club</b>	Fridays 12:30 - 13:30	Online	A chance to make new friends, try games you may not have tried before such as City Guesser, work as a team and importantly have some fun and downtime from your studies!  If interested please email <a href="mailto:gary.childs@petroc.ac.uk">gary.childs@petroc.ac.uk</a>

