

WHAT'S ON? AT PETROC NORTH DEVON CAMPUS

JOIN A CLUB, MEET NEW PEOPLE, DEVELOP YOUR SKILLS AND GET THE MOST OUT OF COLLEGE LIFE!

WHAT'S ON	WHEN	WHERE	INFORMATION
WELLBEING			
Breathe	On request	Online	Alice Whittley, our Wellbeing Lead, conducts pre-recorded videos on specific topics. These are available on request by emailing alice.whittley@petroc.ac.uk
Nature Walks	Thursdays 12:25 - 13:25	Offsite	Local walks e.g. along the Tarka Trail. Join a friendly group of students on short walks to get some gentle exercise, fresh air and spot local nature to brighten your day and clear your mind. Email jo.davies@petroc.ac.uk to join in!
Wellness Café	Mondays 13:00 - 14:00	Email alice.whittley@petroc.ac.uk to confirm the room	Join us for a hot chocolate! A chance to meet new friends, catch up about what you have been doing over the weekend or have a chat with our team. Drop in any time for a warm welcome. Email alice.whittley@petroc.ac.uk to register interest.
Yoga	Mondays & Wednesdays 17:00 - 18:00	Studio	Emma, our friendly Yoga instructor, comes in to do a yoga session in the studio above the Sports Hall for anyone with a gym membership. Drop in is also available at £5 a time. For any questions, please email gary.childs@petroc.ac.uk
FOOD AND DRINK			
Ready Steady Cook	Friday once a month	J-Block Kitchen	Eating healthily on a budget isn't only possible, it can also be absolutely delicious! Learn to cook easy, healthy meals on a budget (great preparation for uni life!). To sign up and find out more, contact jo.davies@petroc.ac.uk
MUSIC/ARTS			
Fresh FM	All day, every day, every week	Radio Room	Do you fancy being part of our Radio Team, Fresh FM? You'll learn how to run your own show, be the voice of our college radio, pick out tracks to play and provide us all with some entertainment. If so, please email gary.childs@petroc.ac.uk or pop into A116a to request an application form.
EDUCATIONAL			
Book Club	Student Led	Email gary.childs@petroc.ac.uk to confirm room	Looking for a fun way to enjoy books and meet new people? Join our student led book club! You will have the opportunity to pick a book for the group to read and journal about before the next meeting. Email gary.childs@petroc.ac.uk to register interest.
Moneysense	Tuesdays 12:25 - 13:25	Email charlotte.evely@petroc.ac.uk to confirm room	Want to take control of your financial future? Thinking about borrowing, saving or budgeting? Our workshops will help to give you the confidence you need to make the right decisions. Email charlotte.evely@petroc.ac.uk to join.
Universi-tea & Network	From April: Wednesdays 12:25 - 13:25	SWIoT Foyer	Join our friendly and welcoming social group for Access to HE and Higher Education learners. Build a network of like-minded people around you to help support you through your course. Come along and meet other students and share your experiences. Email alice.whittley@petroc.ac.uk to register interest.

SPORT/OUTDOOR			
Gym	Every day, every week	The Gym	<p>Boost your fitness levels in a supportive environment. Join the gym and come along for classes such as spin and cardio blast.</p> <p>Email gary.childs@petroc.ac.uk for the latest info.</p>
Badminton	Tuesdays 12:30 - 13:30	The Sports Hall	<p>All abilities welcome! Come along anytime during your lunch break for a game. Please wear trainers as a minimum or sportswear if you like!</p> <p>For any questions, please contact gary.childs@petroc.ac.uk</p>
Climbing Wall	Monday & Fridays 14:30 - 15:30	The Sports Hall	<p>Suitable for all – tuition for beginners, plenty of challenging routes for existing climbers.</p> <p>You can either just turn up or contact mike.bazley@petroc.ac.uk for more information.</p>
Sports Academies	Various	Various	<p>We have a variety of Sports Academies, including Football, Basketball, Volleyball and Netball available.</p> <p>These academies provide an opportunity for learners who are committed, both in time and levels of commitment.</p> <p>If interested, please contact jason.fern@petroc.ac.uk or pop along for a chat with Jason in J122.</p>
VOLUNTEERING			
Social Action Project	Flexible times, flexible days, open weekly	Zero Shop	<p>Join us in setting up and running a new student-led innovative and eco-friendly shop based at North Devon campus for exchanging fashion items along with a food bank. Help us gather items, create posters and get the word out. Let's get together and improve wellbeing and our community!</p> <p>Email gary.childs@petroc.ac.uk to register your interest.</p>
The Vision	Flexible times, flexible days, released monthly	Online	<p>The Vision is Petroc's monthly student newsletter which keeps you up to date on key information and events going on around college. Do you have some news, an achievement or fancy showing off your writing skills? Get involved with writing your own features, interviews or vlogs.</p> <p>Email gary.childs@petroc.ac.uk to get involved!</p>
#Plan for Nature	Last Tuesday of every month 13:30 - 14:30	Meet outside reception	<p>Help make our local community a better place to live and improve wildlife habitats. Take part in our monthly nature sessions which can consist of tree planting, litter picks and more - it's a great way to get out and about and meet like minded people. All PPE provided.</p> <p>To book a space email gary.childs@petroc.ac.uk</p>
ART			
Creative Art	Tuesdays, fortnightly 12:30 - 13:30	J22	<p>Contemporary art presents a spectacular array of mediums.</p> <p>Join us and get inspired to build on existing knowledge and techniques so you can create with confidence, and take your art to the next level.</p> <p>Contact lucy.curnow@petroc.ac.uk to register interest and find out what week the next session runs on.</p>
Photography	New challenges set every month!	Email vicky.baker@petroc.ac.uk for more info	<p>We set a monthly photo challenge to support you getting out and about. We will meet online to share and discuss our images and select some for an online exhibition.</p> <p>Email vicky.baker@petroc.ac.uk to register interest</p>

FUN AND FRIENDSHIP			
LGBT+ Group	Tuesdays & Wednesdays 12:25 - 13:25	E310 - Tuesdays A209 - Wednesdays	<p>Petroc's LGBT+ group is a welcoming social group and a great opportunity to find out more about local organizations, discuss current topics and meet other students from across the college.</p> <p>You can either just turn up or contact jo.davies@petroc.ac.uk for more details first.</p>
Pets Corner	Thursdays 12:30 - 13:30	The Animal Centre	<p>Come and say 'hi' to some of the animals we have on campus such as rabbits, tortoises, guinea pigs, snakes and even a bearded dragon!</p> <p>Please email joanna.clark@petroc.ac.uk to register your interest.</p>
Board Games Club	Wednesdays 12:30 - 13:30	Boardroom	<p>Fancy coming along and getting stuck into a few board games? Chat, company and a little bit of competitive spirit is all that's needed! You can even hire out a board game for free any day and time, just pop along to A116a with your ID number. We have Scrabble, Chess, Uno, Jenga, Dobble, Pictionary and lots more.</p> <p>Contact gary.childs@petroc.ac.uk to register interest.</p>
Film Club	Mondays 12:30 - 13:30	Boardroom	<p>Can't decide what to watch next? Then come along to our Movie Monday's to watch a wide variety of different films shown weekly.</p> <p>Email gary.childs@petroc.ac.uk regarding any questions.</p>
Christian Discussion Group	Wednesdays 12:30 - 13:30	A117	<p>A supportive Christian faith discussion group where you can ask questions, find answers and discuss passages in the bible.</p> <p>If interested please just turn up to the session.</p>
Online Games Club	Fridays 12:30 - 13:30	Online	<p>A chance to make new friends, try games you may not have tried before such as City Guesser, work as a team and importantly have some fun and downtime from your studies!</p> <p>If interested please email gary.childs@petroc.ac.uk</p>