



INDOOR ROWING

Ready to power through the competition and push your limits? Welcome to our brand-new Indoor Rowing Academy, where you can race anytime, anywhere! Whether you're an individual athlete or thrive in a team setting, our academy is designed to test your speed, endurance, and teamwork using Concept2 rowers.

We're teaming up with British Rowing to create a performance pathway, offering expert coaching and development opportunities for aspiring rowers.

With indoor rowing set to make waves at the 2028 Olympics, now is the time to get ahead of the game and be part of this fast-growing sport. Our top performers will have the chance to join local rowing clubs and work their way up to national and international competition.

Race Categories:

Individual Sprints: 1-Minute & 100m

Team Endurance: 4-Minute Team & 2028m Team

No matter your goal - whether you're chasing medals or just want to challenge yourself - our Indoor Rowing Academy is the place to be. Track your results, compare with others, and push past your limits - all from your own training space.

Email sports@petroc.ac.uk to sign up now to be part of the future of indoor rowing!

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