

Love a challenge? Like getting outdoors? Want to level up your fitness and your social life? Cross Country Running at Petroc is calling your name.

This weekly activity is your chance to get moving, explore North Devon's stunning landscapes, and be part of a tight-knit, supportive squad. Whether you're a seasoned runner or just fancy giving it a go, you'll build stamina, confidence and friendships.

Even better? You'll have the chance to compete in exciting regional and national events - just like our previous legends who smashed it at the AoC National Championships representing Petroc with pride.

Fitness + Fun + Friends + Future medals = Cross Country at Petroc

Email **sports@petroc.ac.uk** to sign up now and let's get you started on the most successful season ever!!



petroc.ac.uk/sports-academies