

YOUR COLLEGE NURSING SERVICE

Support from someone you know and trust

Your College Nurses are here to help and can offer support or guidance on:

- Sexual health & contraception
- Keeping healthy and managing existing conditions
- Healthy eating & weight management
- Smoking & Vaping
- Alcohol & Drugs
- Advice around vaccinations
- Signposting to other health services

Confidential

Our service is confidential, so you can discuss personal matters in confidence. We won't share your information without your consent, including with college staff or parents/carers. The only exception would be if we need to protect you or someone else from serious harm, and we would discuss this with you first.

Qualified

Your College Nurses are experienced and fully qualified professionals.

Non Judgemental

We are here to help, not to judge.

Where and when to find your College Nurses

Drop in: C11 (Wellbeing Room) | Friday 12.30-2.00pm

To **book an appointment**, please scan the QR code.

